

Sioux Rivers Regional MHDS

Governance Board Minutes

May 26, 2020

The Sioux Rivers Regional MHDS Governance Board members met on Tuesday, May 26, 2020 at 1:30 p.m. at the Plymouth County Annex Building other attendees attended via Zoom.

1. Chairman Mark Loutsch welcomed attendees and called the meeting to order at 1:30 p.m. Members present: Mark Loutsch, Don Kass, Carl Vande Weerd, Mark Sybesma, Mark Behrens, Jerry Birkey, Shane Walter, and Mavis Anema. Others present: Dr. Shawn Scholten, Ryan Dokter, Kim Keleher, Lisa Rockhill, Kim Wermersen, Sue Duhn, Beth Will, Shawn Fick, Nicky Eaton, Janelle Hultquist, Rose Magnusen, Matt Buley, Lisa Schwanke, Sharon Nieman, Jason Bergsma and Jamie Van Voorst.

2. CHAIRMAN LOUTSCH ASKED FOR A MOTION TO APPROVE THE AGENDA

Motion made by Vande Weerd and seconded by Kass to approve the agenda. Motion carried 3-0.

3. Approval OF MINUTES

Motion made by Sybesma and seconded by Behrens to approve the minutes from the April 28, 2020 meeting. Motion carried 3-0.

4. APPROVAL OF FISCAL AGENT REPORTS AND REGIONAL EXPENDITURES
 - a. Dokter presented the April FY20 Fiscal Agent Reports.
 - i. Total revenues for the month of April were \$190,607.49
 - ii. Total expenditures for the month of April were \$189,153.75
 - iii. Ending balance as of April 30, 2020 was \$1,091,640.52
 - b. Motion made by Sybesma and seconded by Kass to approve the Fiscal Agent Report. Motion carried 3-0.
 - c. Behrens stated there were no claims this past week sent out. Anema stated she was told not to. Walter clarified only him and Chairman Loutsch need to approve the claims however Anema will send them out after approved by them.

5. UPDATES:
 - a. Loutsch shared the ASC statistics. They served 8 people from the Rolling Hills Region and 0 from Sioux Rivers in April. Walter stated the numbers have been trending down over the last months, partially due to the Covid. Walter shared if the numbers don't go up we will need to make some choices. We are just unable to fund at this level if usage continues to be so low for the Region. Behrens stated this should be reevaluated in 3-6 months. Sybesma asked if this is a core service and are there other options to provide this service. Walter stated there are other ways to meet the requirements such as using a virtual model. Eaton reiterated she has seen

numbers decrease however for this month the numbers are increasing however not so much for Sioux Rivers Region. Maybe in July when we add additional counties to Sioux Rivers we will have an increase. We need to come up with some more marketing plans.

- b. ITP- Anema reported for Ricke cases had been down previously, there were 2 seen at the Lyon County jail. In the last week they had seen an uptick in overall ER cases.

6. REVIEW FY21 ANNUAL SERVICE AND BUDGET PLAN

Walter updated the report had been submitted into the State on April 1. There was a slight change in that Seasons didn't meet the fidelity requirements, so we are unable to claim we provide ACT services. This will be approved at the State level at their next meeting.

7. REVIEW FY21 CHILDREN'S BEHAVIORAL HEALTH IMPLEMENTATION PLAN

Walter updated the report had been submitted into the State on April 1. This will be approved at the State level at their next meeting.

8. HOPE HAVEN FUNDING REQUEST- PEER SUPPORTCHILDREN'S RESPITE

Buley stated he is adjusting their request. Peer support is considered a core service. They are not asking the Region to supplement Medicaid. He is requesting a rate per person to be \$69.44 with a max of \$50,000. As far as respite services, NWICC gave \$19,590 and he is asking from Sioux Rivers \$20,000. There are 19 adults using this program. Walter and Buley had worked on this proposal together. Walter requested Buley to change from the initial request and not ask for a grant. What this money will go to is cost above and beyond of what Medicaid requires. It will offset the indirect cost they can't get from Medicaid. There was a bit of discussion. Loutsch asked how will this affect the budget? Walter states we have wiggle room with no ARC being offered. This is only an agreement for one year. Walter shared he was on a call with DHS last week and requested they look at rates for providers. Birkey clarified respite is not a core service however peer support is. Behrens stated we really have no extra money. Loutsch asked for a description on what respite really is. Walter stated it gives a family a break, typically these are high needs people and it keeps them in their home. Loutsch stated we are saving money in a way long term by keeping them in their home. Kass asked if there is a sliding fee scale? Buley states there is no sliding fee scale. In order to receive respites services, the individual needs to be on Medicaid. Motion made by Vande Weerd, seconded by Kass to fund peer support at \$50,000 and \$20,000 for respite. Motion carried 3-0. Nieman stated we need to have demographics and the individual will need to meet plan qualifications. Client will need to meet eligibility.

9. JOB DESCRIPTIONS

Walter stated we as a team are working on job descriptions for all staff. Nieman will be the Children's Behavioral Health go to. Duhn will be doing the financials, as she is a CSN expert user. Walter states all the team has a skill sets and he wants to make sure we utilize those skills to the fullest. He appreciates all his staff. Staff will meet June 4 to work on the job descriptions.

10. POLICIES AND PROCEDURES

Walter updated the Board and stated the Policies and Procedures look similar to other Regions. It is a guiding document as to what can be expected from our Region. There is a lot of old information so there are lots of updates, one being adding Children's Services. This is a big task to rewrite. Rockhill has been making some changes. Staff will meet on Monday, June 1 to review this. Sybesma brought up years ago we had a strategic planning meeting and was wondering if some of those ideas were incorporated. Walter states yes and he would like to have another strategic planning session after the beginning of the new fiscal year..

11. MENTAL HEALTH ADVOCATE AGREEMENT

Walter stated it doesn't need to be a 28E it's just a simple agreement with O'Brien County. Abby will provide services to anyone. Legislation requires we fund this position. Previously this position reported to the court. The Region will bill out her services to other Regions. Motion made by Behrens to approve the agreement, seconded by Vande Weerd. Motion carried 3-0.

12. LEGISLATIVE AND MENTAL HEALTH FUNDING UPDATE

Walter states not a lot to update. The legislature will be reconvening on June 3 and be in session for 2 weeks focusing on balancing the budget. There is no regional funding bill on the State level. Regions have asked to waive dates to start the new mandated Children's Mental Health and Adult Services for a year or two. Nieman stated they had a good discussion with Marissa Eyanson and Kelly Garcia on a phone call.

13. GENERAL DISCUSSION

- a. Keleher stated Plains will begin to see clients potentially starting on July 1. The State has stated telehealth can continue through June 25. Keleher shared Plains received a CCBHC award effective May 1 of 2020 under the CARES Act. They are serving people. They will hire about 26 staff. They will deliver SUD the first part of July in Spirit Lake, somewhere in Lyon County and also in Orange City. Care Coordination will be provided as well and will hire 6 RN and they will complete primary care screenings following the IHH model. They will provide some training (i.e. Mental Health First Aide) at no charge. They also would like to hire a school based therapist. They are currently in the hiring and implementation stage. The grant is in place for 2 years and its value is \$4million.

- b. Scholten stated Creative Living does not have a firm date for face to face meetings. They are aiming for mid June.
- c. Hultquist stated Seasons does not have a date as of yet.

14. Adjourn

Motion to adjourn made by Behrens seconded by Kass. Motion carried 3-0. Next meeting will be held on June 23, 20 at Village Northwest pending opening.

Mavis Anema, Secretary

Mavis G. Anema

Sioux Rivers Regional MHDS Governance Board