

Sioux Rivers Regional MHDS

Governance Board Minutes

April 28, 2020

The Sioux Rivers Regional MHDS Governance Board met on Tuesday, April 28, 2020 via Zoom due to the Covid-19 pandemic.

1. Chairman Mark Loutsch welcomed attendees and called the meeting to order at 1:30 p.m. Members present: Mark Loutsch, Don Kass, Carl Vande Weerd, Mark Sybesma, Mark Behrens, Jerry Birkey, Dayton Vogel, Shane Walter, and Mavis Anema. Others present: Sherri Bootsma, Kim Wermersen, Sharon Nieman, Lisa Rockhill, Beth Will, Sue Duhn, Matt Buley, Sarah Jackson, Ryan Dokter, Kim Keleher, Shawn Fick, Jill Barr, Janelle Hultquist, Kim Niemeir, Jay Ricke, and S. Adlert.
2. CHAIRMAN LOUTSCH ASKED FOR A MOTION TO APPROVE THE AGENDA
Motion made by Kass and seconded by Behrens to approve the agenda. Motion carried 3-0.
3. Approval OF MINUTES
Motion made by Behrens and seconded by Birkey to approve the minutes from the February 25, 2020 meeting. Motion carried 3-0.
4. APPROVAL OF FISCAL AGENT REPORTS AND REGIONAL EXPENDITURES
 - a. Dokter presented the March FY20 Fiscal Agent Reports and stated we are at about 73.77 used of the budget.
 - i. Total revenues for the month of March were \$665,127.52
 - ii. Total expenditures for the month of March were \$100,363.82
 - iii. Ending balance as of March 31, 2020 was \$1,185,540.78
 - b. Motion made by Sybesma and seconded by Behrens to approve the Fiscal Agent Report. Motion carried 3-0.
5. UPDATES:
 - a. Nicky Eaton had asked Anema to present her report. In February they served a total of 19 people, 18 from the Rolling Hills Region and 1 from Sioux Rivers. In March there were 14 people served all were from the Rolling Hills Region. Multiple organizations are seeing lower numbers. They continue to take new admissions even with the Covid-19 and are using safety measures. The staff have been fantastic in adjusting to new protocols, being positive and being at work every day.
 - i. Kass stated it is quite worry some on their report about the number of suicide ideation. Rockhill stated the clients have multiple symptoms typically.

- ii. Walter stated he is concerned about the number being served. Decisions will need to be made how to handle that in the future. Everyone will need to work together on some publicity and marketing.
- iii. Keleher stated their numbers are down about 40% for crisis calls. People just aren't using crisis services at this time.
- iv. Will stated as of last Monday there were 100 open adult beds for mental health and 30 open beds for children.

- b. Hultquist from Seasons Mobile Crisis stated calls have increased. They are seeing lots of increased anxiety. They are not making face to face contact, they are doing everything over telehealth or the phone.
- c. Buley introduced Rachel Phipps that joined briefly to report for the IPS Grant. They had 1 new referral this month for a total of 43 being served, 25 of those served have gained employment. Services have been provided remotely. Phipps and Scott Witte are working with state group on an IPS model.
- d. Ricke from ITP stated they had 4 cases in March through the ER and 3 cases in Jail. He stated numbers are down as well. He believes people are sheltering in place as asked.
- e. Anema stated the Leadership Team had met for ARC and decided ARC will not take place this summer. We had all teachers lined up and it was coming together nicely but due to the Covid-19 we were advised not to offer this summer program.

6. APPROVAL OF FY21 ANNUAL SERVICE AND BUDGET PLAN

- a. Walter stated the ASBP had been submitted to the State on April 1, 2020. The State will set up a time for approval once the Governance Board has approved the plan.
- b. Behrens asked why is the levy less for some counties? Walter and Dokter didn't have a specific answer. Sybesma stated he wondered if it was due to population discrepancy.
- c. Walter stated the Region would end at approximately \$480,000 in the fund balance with next years revenue to be about 3.158 million with expenditures at 3.124 million with a projected fund balance for FY21 to be \$514,000. That could vary due to how the Region decides to move ahead with services such as Access, Act and Irsh.
- d. Sybesma stated he would like the Region to adopt a principle that the Region would preserve services that we currently have. Wermersen shared he would like us to keep core benefits and take care of what we already provide. Behrens commented we do good stuff now and do what works here best.
- e. Motion made by Sybesma and seconded by Behrens to approve the Annual Service and Budget Plan. Motion carried 3-0.

7. APPROVE FY21 FISCAL AGENT CONTRACT

Motion made by Behrens and seconded by Kass to reimburse Sioux County Auditor for \$7,500 to be the Fiscal Agent. Motion carried 3-0.

8. APPROVAL OF PROVIDER CONTRACTS AND FY21 ADDENDUM/RATE SHEETS

- a. Walter stated previous meeting the contracts and addendums rates were approved, just giving Chairman Lotusch the authorization to sign.
- b. Will stated we did change the addendum for Village Northwest to include a \$75.00 an hour plus mileage for Psych and IQ testing for Children and Adults.
- c. Motion made by Kass and seconded by Sybesma to authorize Chairman Loutsch to sign contracts and addendums. Motion carried 3-0.

9. APPROVAL OF FY21 CHILDREN'S BEHAVIORAL HEALTH IMPLEMENTATION PLAN

Walter state the plan was sent into the State on April 1, 2020. On May 12 the plan will be reviewed by the state.

Motion made by Kass and seconded by Behrens to approve the plan. Motion carried 3-0.

10. HOPE HAVEN FUNDING REQUEST FOR PEER SUPPORT/CHILDREN'S RESPITE

- a. Buley shared they are losing money. They are requesting \$50,000 for Peer Support.
- b. Loutsch asked do we have the numbers of people who are being served. Buley shared that Doug Smit had joined and there are 51 total and 90% of them are Sioux Rivers clients. The MCO are funding this at \$150.00 a month or \$12.50 per 15 minutes. Sioux Rivers pay \$300.00 a person per month. Sioux Rivers is paying for 2 people currently at the full rate, all others are on Medicaid.
- c. Buley shared about the Respite Program, it serves 27 individuals and will add 16 so that will be 43. The reimbursement rate for 15 minutes currently from Medicaid is \$4.78, Hope Haven is losing \$4.81 a unit, Buley states the cost is more like \$9.59. They are requesting a grant for \$80,000. Sybesma asked for clarification what Respite is. Buley shared about the program. Walter stated currently Sioux Rivers does not fund this program, it is important and crucial however he is reluctant to take on an \$80,000 bill as there are lots of uncertainties. Behrens state he feels we need to get some feedback. Kass states we want to preserve our core services and that cost would eat up a quarter of the Region's ending balance he is reluctant to fund. Sybemsma feels we should fund \$50,000 for peer support and closer to June 30 look at our balance. Walter stated we don't want to subsidize peer support for other Regions. Anema asked for clarification as to what year this is for, and Buley answered for FY21. Behrens feels we shouldn't fund at this level. Kass questioned if NWICC will fund as well. Buley stated they are going to offer Peer Support to Sioux Rivers Region only. Loutsch stated we will put this on the agenda to discuss in May.

11. LEGISLATIVE-GOVERNOR'S PROPOSAL AND MENTAL HEALTH UPDATE

Walter stated he believes the Governor's plan will not come to fruition with the current pandemic. Nothing has been officially stated as of to date.

12. GENERAL DISCUSSION

There were no comments.

13. CHAIRMAN LOOTSCH ADJOURNED THE MEETING at 2:43 p.m.. Next meeting to be held May 26, 20 at Village Northwest pending opening.

Mavis Anema, Secretary

Mavis J. Anema

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